

## ***Catalog***

### ***Eco Products***

MatsMatsMats.com  
6303 Owensmouth Ave.  
10th Floor  
Woodland Hills, CA 91367  
Tel: 877.777.6287  
Fax: 818.337.7464  
sales@MatsMatsMats.com

To view current pricing or to place an order online, go to  
[www.MatsMatsMats.com](http://www.MatsMatsMats.com).

To place your order via telephone, call us toll free at  
877.777.6287 from 9am to 5pm pacific time.

To place your order using a purchase order (upon approved  
credit), simply fax your purchase order to 818.337.7464 or mail it  
to the address above.

## Eco-Friendly Products - Green Products (Natural, Organic, Bio-Degradable and/or Recycled)



Eco-friendly products, green products, natural products, recycled products, organic products, bio-degradable, sustainable resources and socially conscious companies... these are just some of the many buzz words we are hearing today&hellip; and they are here to stay as more and more people and businesses are trying to find creative ways to reduce, reuse and recycle.

Why purchase products that are harmful to our environment, when there are plenty of quality eco-friendly products at the same, or sometimes lower, cost?

MatsMatsMats.com offers a large selection of environmentally friendly products that are healthier and safer for you and our planet. We continually strive to become more environmentally friendly and expand our eco friendly product line.



Many of our products are part of a *aZero Impact Program*. Every time one of these products is purchased, a tree will be planted in an effort to offset the environmental effects of the manufacturing and transportation of that product. The *aZero Impact Program* funds this important reforestation program in areas of the world most in need of the benefits of agro forestry, and the tree species is carefully chosen to achieve the greatest positive impact to the local ecology and its people.

## Fitness & Exercise Products

Natural Rubber, Natural Wood, Natural Cotton, Sustainable

Eco-friendly yoga mats, meditation cushions and exercise products allow your body and your conscience to feel good. We offer a variety of rubber yoga mats which provide excellent traction and wooden yoga blocks that are made from bamboo, a sustainable natural resource. We also offer a natural cotton yoga mat and yoga bolsters which are made with unbleached and untreated cotton. Our meditation cushions are filled with organic buckwheat or kapok (your choice). Every time one of our resistance tubes or fitness balls is purchased, a tree will be planted to help offset the environmental effects of manufacturing and transporting these products. We also offer a green cleaning product..



[Harmony Pro Rubber Yoga Mat](#)



[Harmony Fusion Rubber Yoga Mat](#)



[Natural Fitness Pro Rubber Mat](#)



[Natural Fitness Elite Rubber Mat](#)



Terra Pure  
Eco Yoga Mat



Cotton Yoga Mat  
Natural Cotton



Meditation Pillow  
Buckwheat/Kapok



Meditation Cushion  
Natural Cotton



Bamboo Block  
Natural Wood



Yoga Bolster  
Natural Cotton



Resistance Tubes  
Sustainability



Fitness Balls  
Sustainability



Eco Green Cleaning  
Products

## Organic Yoga Products Organic Meditation Products

100% Organically Grown Cotton and Fillings that are Unbleached and Untreated

Many of our yoga products and meditation products are also available in 100% organic versions: Organic cotton yoga mats, organic meditation cushions, organic yoga bolsters and pranayama pillows, as well as organic buckwheat and organic kapok filling.



Cotton Yoga Mat



Meditation Zafu



Meditation Zabuton



Yoga Bolster



Pranayama Pillow



Buckwheat Hull Fill



Kapok Filling

## Home Door Mats - Commercial Mats

### Recycled Rubber Mats

Whether it is for your home or your business, we offer a large selection of outdoor entrance mats made of 100% recycled rubber. We also offer a selection of indoor entry mats with recycled rubber backing (and carpet surfaces). Recycled rubber door mats for the home or office in a variety of sizes and styles.



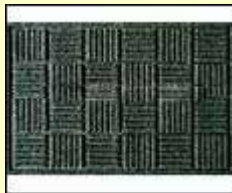
[Home Door Mats](#)



[Home 3-D Door Mat](#)



[Home Entry Mat](#)



[Home Indoor Door Mat](#)



[Home Outdoor Door Mat](#)



[Commercial Outdoor Door Mats](#)



[Commercial Outdoor Doormat](#)



[Commercial Entrance Mat](#)

## Natural Pillows and Comfort Products

### Natural Unbleached Cotton, Recycled Filling

Large selection of eco-friendly pillows and other comfort products made of natural unbleached cotton and recycled filling including: sleeping pillows, pregnancy pillows, reading in bed pillows, Thai massage mats, pet beds and oversized "bean bag" chairs.



[Sleeping Bean Body Pillows](#)



[Teen Bean Body Pillow](#)



[Reading-in-Bed Back Pillow](#)



[Maternity Pillow](#)



WheatDreamz  
Buckwheat Pillow

Shiatsu  
Thai Massage Mat

Pranayama  
Spine Pillow

Eco Pet Bed  
Recycled Filling



Kid Landing Pad  
Large Eco Cushion

## Harmony Pro Natural Rubber Yoga Mat



The Harmony Professional" Jade yoga mat is made of open cell, natural rubber, and offers excellent traction, even when wet from perspiration. Denser and tougher than standard mats, the Harmony Pro yoga mat provides a solid, non-slip platform for Ashtanga, Iyengar, Bikram, Kripalu and Vinyasa styles -- and for anyone who wants extra comfort. The mat has an internal mesh to provide extra strength and stability. You can use either side of the mat for your yoga practice.

- Made primarily of dry, open-cell natural rubber (a renewable resource made from rubber trees and containing no PVC) making this the ideal mat for the yogi concerned about the environment.
- This mat should not be left outside in the sun, since natural rubber is very sensitive to direct sunlight - the material can dry out, harden and lose its grip.
- Natural rubber always has a "rubber" odor that will diminish over time.
- Contains no PVC, EVA, TPE, heavy metals or ozone depleting substances.
- Biodegradable.
- All materials in this mat are approved by the FDA for use in rubber products in continuous contact with food and drugs.
- Provides a thick, textured surface for extra stickiness and grip.
- People with latex allergies should avoid natural rubber.
- Hand washable.
- Size:
  - 24" x 68" (Standard)
  - 24" x 74" (Extra Long)
- Thickness: 3/16" (4.7 mm)
- Weight: approx. 4.75 lbs.
- Manufactured in the United States in compliance with all US environmental and health and safety laws
- Available colors: Purple, Royal (Medium) Blue, Midnight (Dark) Blue, Orchid, Sedona Red, Olive, Tibetan Orange and Black.



Also available is the [Yoga Harmony Fusion Mat](#) in 5/16" thickness and 74" length.

***Please see next page for more information and pricing...***

*Continued from previous page...*



**Royal Blue**



**Orchid**



**Purple**



**Black**



**Midnight  
Blue**



**Olive**



**Sedona  
Red**



**Tibetan  
Orange**

***Usually Ships Next Business Day!***

**Standard Harmony Pro Yoga Mat (24"x68")  
3/16" thickness: \$47.95**

**Extra Long Harmony Pro Yoga Mat (24"x74")  
3/16" thickness: \$56.95**

## Harmony Fusion Natural Rubber Yoga Mat



The Harmony Fusion yoga mat is extra thick, made of open cell natural rubber, and offers excellent traction, even when wet from perspiration. Denser and tougher than standard mats, the Harmony Fusion yoga mat provides a solid, non-slip platform for Ashtanga, Iyengar, Bikram, Kripalu and Vinyasa styles -- and for anyone who wants extra comfort. The mat has an internal mesh to provide extra strength and stability. You can use either side of the mat for your yoga practice.

- Made of open-cell, natural rubber (a renewable resource made from rubber trees and containing no PVC) making this the ideal mat for the yogi concerned about the environment.
- This mat should not be left outside in the sun, since natural rubber is very sensitive to direct sunlight - the material can dry out, harden and lose its grip.
- Natural rubber always has a "rubber" odor that will diminish over time.
- Contains no ozone depleting substances and is biodegradable.
- Provides a thick, textured surface for extra stickiness and grip.
- People with latex allergies should avoid natural rubber.
- Hand washable.
- Size: 24" x 74"
- Thickness: 5/16" (8 mm)
- Weight: approx. 8 lbs.
- Available colors: Midnight (Dark) Blue, Olive, and Sedona Red.

Also available is the [Yoga Harmony Pro Mat](#) in 3/16" thickness and 68" or 74" lengths.



**Midnight  
Blue**



**Olive**



**Sedona  
Red**

***Usually Ships Next Business Day!***

### Harmony Fusion Yoga Mat

**\$79.95**

All colors currently out of stock!



## Natural Fitness Pro - Natural Rubber Yoga Mat



**ZERO IMPACT PROGRAM:** *In an effort to offset the environmental effects of the manufacturing and transportation of this eco-friendly product, a tree will be planted for each one sold. The Zero Impact Program funds this important reforestation program in areas of the world most in need of the benefits of agro forestry, and the tree species is carefully chosen to achieve the greatest positive impact to the local ecology and its people*

The Natural Fitness Pro/ProXL is not only an eco-friendly yoga mat, but can also improve your yoga practice with its exceptional traction and comfort. This 69" or extra long 75" biodegradable yoga mat is two-sided (reversible) featuring a different earth themed color on each side for your aesthetic sense. Natural rubber has superior rebound, so the mat will provide the perfect stable cushion needed for all poses. Made from open cell natural rubber, a biodegradable material that is sustainably harvested from rubber trees and manufactured without hazardous phthalate plasticizers and PVC, this eco yoga mat is not only safer for your health and our environment, but has the best performance that your practice deserves. Nothing feels or grips like natural rubber! Additionally, this is the only natural rubber mat that has a natural, renewable, and biodegradable inner stability mesh. Most internal mesh fabric used in other mats is synthetic from polypropylene, polyester or nylon, while the Natural Fitness rubber yoga mats use a natural cotton mesh that will "completely" and safely biodegrade in a landfill.

- Eco-Friendly: Contains no PVC, cadmium, lead or phthalates.
- Made primarily of dry, open-cell, natural rubber (a renewable resource made from rubber trees and containing no PVC) making this the ideal mat for the yogi concerned about the environment.
- Biodegradable.
- Reversible - two colors per mat
- All materials in this mat are approved by the FDA for use in rubber products in continuous contact with food and drugs.
- Provides a thick, textured surface for extra stickiness and grip
- Superior traction and high-rebound, firm cushion.
- Hand washable.
- Thickness: 3/16" (4.7mm)
- Size:
  - Pro: 24" x 69" (Standard length)
  - Pro XL: 24" x 75" (Extra Long)
- Weight: approx. 5 lbs.
- People with latex allergies should avoid natural rubber.
- Natural rubber always has a "rubber" odor that will diminish over time.
- This mat should not be left outside in the sun, since natural rubber is very sensitive to direct sunlight - the material can dry out, harden and lose its grip.
- Available colors (one on each side): Earth/Redrock, Ocean/Night, Moss/Lavender.

***Please see next page for more information and pricing...***

*Continued from previous page...*

Also available is the [Natural Fitness Elite Rubber Yoga Mat](#) in 5/16" thickness.



**Earth/Redrock**



**Ocean/Night**



**Moss/Lavender**

***Usually Ships Next Business Day!***

**Natural Fitness Pro Yoga Mat(24"x69"x 3/16") - \$47.95**

**Natural Fitness ProXL (Extra Long) Yoga Mat(24"x75"x 3/16") - \$56.95**

## Natural Fitness Elite - Natural Rubber Yoga Mat



**ZERO IMPACT PROGRAM:** *In an effort to offset the environmental effects of the manufacturing and transportation of this eco-friendly product, a tree will be planted for each one sold. The Zero Impact Program funds this important reforestation program in areas of the world most in need of the benefits of agro forestry, and the tree species is carefully chosen to achieve the greatest positive impact to the local ecology and its people*

The Natural Fitness Elite is an environmentally friendly yoga mat that can improve your yoga practice with exceptional traction and comfort. This thick yoga mat is available in 69" or extra long 75" length. It is a two-sided (reversible), eco friendly yoga mat that features a different earth themed color on each side.

Natural rubber has superior rebound, so the mat will provide the perfect stable cushion needed for all poses. Made from open cell natural rubber, a biodegradable material that is sustainably harvested from rubber trees and manufactured without hazardous phthalate plasticizers and PVC, this yoga mat is not only safer for your health and our environment, but also provides outstanding performance. Nothing feels or grips like a yoga mat made of natural rubber! Additionally, this is the only natural rubber mat that has a natural, renewable, and biodegradable inner stability mesh. Most internal mesh fabric used in other mats is synthetic from polypropylene, polyester or nylon, while the Natural Fitness rubber yoga mats use a natural cotton mesh that will "completely" and safely biodegrade in a landfill.

- Eco-Friendly: Contains no PVC, cadmium, lead or phthalates.
- Made of open-cell, natural rubber (a renewable resource made from rubber trees and containing no PVC) making this the ideal mat for the yogi concerned about the environment.
- Provides a thick, textured surface for extra stickiness and grip.
- Superior traction and high-rebound, firm cushion.
- Reversible - two colors per mat
- Hand washable.
- Size: 24" x 75"
- Thickness: 5/16" (8 mm)
- Weight: approx. 8 lbs.
- People with latex allergies should avoid natural rubber.
- Natural rubber always has a "rubber" odor that will diminish over time.
- This mat should not be left outside in the sun, since natural rubber is very sensitive to direct sunlight - the material can dry out, harden and lose its grip.
- Available colors (one on each side): Redrock/Moss or Ocean/Night.

***Please see next page for more information and pricing...***

*Continued from previous page...*

Also available is the [Natural Fitness Pro Biodegradable Yoga Mat](#) in 3/16" thickness and 69" or 75" lengths.



**Redrock/Moss**



**Ocean/Night**

***Usually Ships Next Business Day!***

**Natural Fitness Elite Rubber Yoga Mat(24"x75"x 5/16") - \$79.95**

All colors currently out of stock!

## Terra Pure Eco Yoga Mat



Ocean Blue



Charcoal



Sunset Orange

Our environmentally friendly Terra Pure yoga mats are made of a newly developed material that is composed of carbon and hydrogen and is referred to as thermal plastic elastomer or TPE. These mats are environmentally friendly as they contain no heavy metals, PVC, and no toxic materials are used during production. This makes our Terra Pure Eco Yoga Mat very desirable among our yoga clientele.

These eco mats are specially constructed with two different textured sides to enhance comfort and versatility for your own personal preference. Their closed cell construction allows for excellent grip with a strong grounded feeling, while the low compression foam protects your body from bruising on hard surfaces.

- Colors: Ocean Blue, Charcoal and Sunset Orange.
- Size: 24" x 72" x 3mm thick
- Radius (rounded) corners.
- Individually shrink wrapped.
- Weight: Approx. 3 lbs.



Ocean Blue



Charcoal



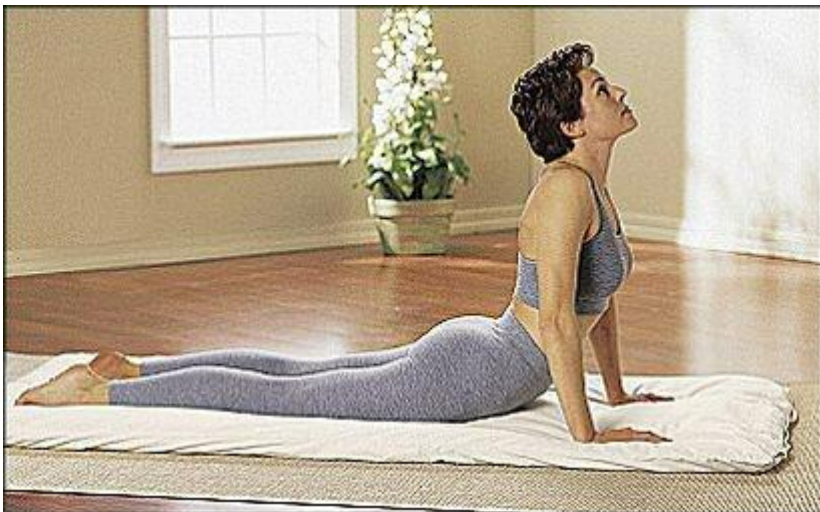
Sunset Orange

***Usually Ships Next Business Day!***

**Terra Pure Yoga Mat**

**\$34.95**

## Natural Cotton Yoga Mat



If yoga movement and meditation is to be successful, it must happen in a peaceful, comfortable space. Our Yoga Mat provides a safe and comfortable surface on which to orchestrate the poses. It's also great for Pilates exercise and Massage.

- Unbleached, natural cotton shell.
- Stuffed with 8 pounds of pure, natural, untreated cotton batting (total weight approx. 10 pounds).
- Hand tufted to provide the ideal place from which to embark on your inner journeys.
- Convenient shoulder strap for easy carrying to class. Attached ties for easy roll up and storage.
- Approximate Size: 3' x 6' x 2"



### Cotton Slip Cover:

Also available is a cotton protective slip cover in either natural (unbleached, untreated), black, navy blue, or purple . Due to sweat, dirt and skin oils, this easily washable cover will protect your mat and keep it clean.

***Usually Ships Next Business Day!***

**Natural Cotton Yoga Mat: \$59.99**

**Natural Cotton Slip Cover: \$39.99**

**Natural Cotton Yoga Mat & Slip Cover Combo: \$89.99**

## Meditation Cushions (Zafu & Zabuton)



### Zafu Pillow:

Our comfortable and supportive Zafu pillow provides better spine alignment and proper height for a more comfortable and deeper meditation. The Zafu makes sitting meditation easier on the knees and ankles. Our Buckwheat Hull or Kapok filling gently conforms to your body's shape and is wrapped in a strong, pure cotton twill shell (our natural colored Zafu is untreated and unbleached). Our Zafu pillows are a supremely comfortable resting place from which to embark on the meditative travels of the mind/body. Available in Round or Crescent shape. Available in natural (untreated and unbleached), purple, navy blue, medium denim blue, red and black - (colored zafus do not use natural dyes).

Size: 15" diameter x 7" thick

Weight: approximately 6 pounds with buckwheat hull filling or 3 lbs with kapok filling.

Also available is a **cotton covered** zafu with 100% organic filling.

Also available is a **silk covered** zafu with 100% organic filling.



### Zabuton Mat:

Zafus work better on top of our traditional Zabuton mat. The all natural Zabuton mat is handmade from chemical-free "Green Cotton", 10oz. duck for its shell and stuffed with pure cotton batting to provide a cushioned surface for your ankles and legs for stress-free meditation. The Zabuton mat always has a natural cotton shell (untreated and unbleached cotton, natural off-white color) and comes with a removable cover in the following colors: natural (untreated and unbleached), purple, navy blue, medium denim blue, red and black (colored Zabuton covers do not use natural dyes).

Size: Approx. 29" x 29" x 2"

Weight: approximately 4 pounds



**Please see next page for more information and pricing...**

Continued from previous page...

Also available is a **cotton covered** zabuton with 100% organic filling.  
Also available is a **silk covered** zabuton with 100% organic filling.

**Zabuton Cover:**

Also available is an additional cover in six colors to protect your Zabuton Mat Square: (Approx. 29"x29"x2")

Also available is a **completely organic** version of our zabuton cover.

***Please see next page for more information and pricing...***





Continued from previous page...

Other Related Products:

---



[Meditation Benches](#)



[Meditation Music CD](#)



[Buckwheat Hull or Kapok Filling](#)



[Silk Zafu & Zabuton](#)

---

**Usually Ships Next Business Day!**

---

**Zafu Pillow:**  
**\$36.00**

---

**Zabuton Mat with Cover:**  
**\$44.00**

---

**Extra Cover for Zabuton Mat:**  
**\$15.00**

---

**Meditation Combo (includes Zafu, Zabuton and Zabuton Cover):**  
**\$69.99**

## Yoga Natural Bamboo Wood Blocks (4"x6"x9")



Our Bamboo Wood Yoga Blocks allow you to improve your yoga practice while achieving more environmental balance. These wooden yoga blocks are made from bamboo, a sustainable natural resource. They provide strength and stability. The natural look and feel can help provide the sense of peace and tranquility required for your yoga practice while helping protect our environment.

- Size: 4"x6"x9"
- Environmentally friendly
- Lightweight (about 2.2 lbs)
- Hollow core
- Strong, stable and durable
- Beveled edges for added comfort
- Can assist the beginner and aid the experienced
- Provides support for postures that are otherwise too difficult or unattainable
- [What's so special about bamboo?](#)



**ZERO IMPACT PROGRAM:** *In an effort to offset the environmental effects of the manufacturing and transportation of this eco-friendly product, a tree will be planted for each one sold. The Zero Impact Program funds this important reforestation program in areas of the world most in need of the benefits of agro forestry, and the tree species is carefully chosen to achieve the greatest positive impact to the local ecology and its people*

**Usually Ships Next Business Day!**

**Single Yoga Bamboo Block:  
\$18.99**

**Set of Two Bamboo Blocks:  
\$31.98 (\$15.99 each)**

## Yoga Bolster



Our 100% cotton yoga bolsters are made with durable foam cores, heavily wrapped in natural cotton batting to provide comfortable, firm support to your back, abdomen or legs. The bolster covers are removable for washing.

Colors: Natural, Purple, Navy Blue, Medium Denim Blue, Red or Black

Available Styles:

Round: 9" Diameter x 27" Long

Rectangle: 12" Wide x 6" High x 24" Long



***Usually Ships Next Business Day!***

**Yoga Bolster**  
**\$43.50**

## Resistance Tubes Kit

If you need a way to increase resistance during exercise without the cost and bulk of traditional weights our Resistance Tubes offer an affordable, portable alternative. These functional, break-resistant dipped rubber tubes are perfect for use in the gym, at home or while traveling. A wide variety of core, upper and lower body resistance exercises can be performed using these tubes. Our resistance tubes provide continuous resistance for all of your workouts, including Pilates, stretching, strength training, conditioning, and more. Suitable for both men and women. The soft comfort foam covered quick change handles provide a secure grip, are removable and can be used with all levels of our resistance tubes. Available in 4 resistance levels. 4 ft long.



- Use during cardio & strength workouts
- Great for travel
- Strengthen and tone your entire body
- Safe & Strong – break-resistant multi-layered natural latex
- Quick change handles – use any Natural Fitness tube strength
- Exercise Instruction Chart provides a full body workout

Choose from four different resistance levels:

- Flame - Light Resistance
- Moss - Medium Resistance
- Red Rock - Heavy Resistance
- Ocean - Very Heavy Resistance

The Pilates Resistance Tube Kit includes:

- (1) Color-coded resistance tube
- (2) Quick change handles
- (1) Door attachment
- (1) Exercise Instruction Chart



**ZERO IMPACT PROGRAM:** *In an effort to offset the environmental effects of the manufacturing and transportation of this product, a tree will be planted for each one sold. The Zero Impact Program funds this important reforestation program in areas of the world most in need of the benefits of agro forestry, and the tree species is carefully chosen to achieve the greatest positive impact to the local ecology and its people*

**Usually Ships Next Business Day!**

**Resistance Tubes Kit - \$15.95**

## Yoga Balls / Fitness Balls



The Natural Fitness Soft Weighted Balls provide a comfortable alternative to dumbbells and other hand weights. These balls are designed to provide increased resistance to allow you to advance further in your fitness program. Their soft, cushioned feel is perfect for hand held activities or to place on parts of your body for additional resistance. They are extremely versatile and can be used in a wide range of exercises and activities to build strength and stability

- Tone and strengthen by adding weight resistance
- Soft and fun alternative to dumbbells
- Stress-free natural grip
- Use for Pilates, fitness & strength training, yoga and rehabilitation
- Latex-free vinyl outer shell, filled with natural sand and iron
- Exercise Instruction Chart provides a full body workout



**ZERO IMPACT PROGRAM:** *In an effort to offset the environmental effects of the manufacturing and transportation of this product, a tree will be planted for each one sold. The Zero Impact Program funds this important reforestation program in areas of the world most in need of the benefits of agro forestry, and the tree species is carefully chosen to achieve the greatest positive impact to the local ecology and its people*

We also have [large exercise balls](#), if you are looking for the inflatable kind.

Kit includes set of two balls and an exercise/instruction chart. Choose your color/weight combination.

- 2 lb. each., Moss Green, 4.5" diameter. -**\$17.95**
- 4 lb. each., Red, 4.5" diameter. -**\$19.95**
- 6 lb. each., Ocean Blue, 4.5" diameter. -**\$22.95**

***Usually Ships Next Business Day!***

**Yoga/Fitness Balls (Set of two balls)**

## Disinfectant Cleaner

Our Disinfectant Cleaner is a highly concentrated, commercial grade formula that provides excellent one-step, cost effective cleaning and disinfection. It provides a one-step disinfectant cleaner and deodorant to clean and disinfect most surfaces. Great for Gyms, Studios, Doctor Offices, Hospitals, and Home use. It kills a very broad-spectrum of micro-organisms, including HBV, HIV-1, VRE, MRSA, GRSA, MRSE, VISA, PRSP, Herpes Simplex Types 1&2, Influenza Type A2, Adenovirus, Rotavirus and much more! It also kills most molds and mildew. In concentrate it will last up to 3 years, and 1 year once mixed with water, whereas most other cleaners last only days or weeks. It is made by Johnson Wax, one of the country's leading cleaning chemical manufacturers. It is also an environmentally friendly product (it is considered a "green" product because it has no long term negative impact on our environment).

This no-rinse formula will not damage the skin, floor finishes or paint. It also provides odor control. One concentrated cleaning square mixes with 1 gallon of water for immediate use.

### This Disinfectant Spray Kit includes:

- 1 empty gallon bottle
- 1 empty quart spray bottle
- 1 concentrated square of dry disinfectant/cleaner with a light lavender scent. Simply drop into the included 1 gallon bottle and add 1 gallon of water to create ready-to-use liquid solution.



### The Refill Pack includes:

- 2 concentrated squares of dry disinfectant/cleaner with a light lavender scent. Simply drop one square into a 1 gallon bottle and add 1 gallon of water to create ready-to-use liquid solution.

## *Usually Ships Next Business Day!*

**Disinfectant Spray Kit \$19.99**

**Disinfectant Refill Two-Pack \$19.99**

## 100% Organic Zafu Pillow:

Our comfortable and supportive Zafu pillow provides better spine alignment and proper height for a more comfortable and deeper meditation. The Zafu makes sitting meditation easier on the knees and ankles. Our 100% organic Buckwheat Hull or Kapok filling gently conforms to your body's shape and is wrapped in a strong, pure 100% organic cotton twill shell - our natural Zafu is untreated and unbleached. Our Zafu pillows are a supremely comfortable resting place from which to embark on the meditative travels of the mind/body.

Available in Round or Crescent shape.

Size: 15" diameter x 7" thick

Weight: approximately 6 pounds for buckwheat and 3 pounds for kapok.

[Also available is a non-organic version of our zafu.](#)

---

## 100% Organic Zabuton Mat:

Zafus work better on top of our traditional Zabuton mat. The all natural Zabuton mat is handmade from 100% organic, chemical-free, "Green", 10oz. cotton duck for its shell and stuffed with pure, 100% organic cotton batting to provide a cushioned surface for your ankles and legs for stress free meditation. Includes a similarly 100% organic cover in natural color.

Size: 30" x 30" x 2"

Weight: approximately 4 pounds

[Also available is a non-organic version of our zabuton mat.](#)

---

## Zabuton Cover:

Also available is an additional 100% organic zabuton cover in a natural color to protect your Zabuton Mat Square: (30"x30"x2")

[Also available is a non-organic version of our zabuton cover.](#)

***Please see next page for more information and pricing...***



*Continued from previous page...*

---

***Usually Ships Next Business Day!***

---

**100% Organic Zafu Pillow (Natural Color):  
\$44.00**

---

**100% Organic Zabuton Mat with Cover(Natural Color): \$68.00**

---

**100% Organic Extra Cover for Zabuton Mat(Natural Color): \$29.00**

---

**100% Organic Meditation Combo  
(includes Zafu, Zabuton and Zabuton Cover. Natural Color):**

**\$99.00**



Our 100% organic pranayama cushions will support your spine from head to tail. In line with the spine, your chest expands for better breathing. Horizontally it supports the mid-back in a gentle arch. Covered with 100% organic 7oz. cotton cover and filled with 100% organic chambray.

Size: 30"L x 6" x 6"  
Color: Natural

Made in USA!

Also available: [Non-organic pranayama pillow](#)  
***Usually Ships Next Business Day!***

---

**100% Organic Pranayama Pillow: \$42.50**



## Kapok and Buckwheat Hull Filling

### 100% Organic Kapok Filling:

Kapok is an all natural, unbleached filling derived from the seeds of the massive, tropical kapok tree. Kapok has a silky floss like texture, making it a great type of pillow filling. It provides the same type of soft cushion that some synthetic fillings provide, but in an all natural and environmentally friendly manner.

Weight: 5 pounds per package

Volume: Approx. 2.5 cubic feet - tightly packed (enough to fill one zafu or two head pillows)

***Usually Ships Next Business Day!***

**100% Organic Kapok Filling (5 lbs.): \$29.95**

We also offer [kapok filled zafu meditation pillows](#).



### 100% Organic Buckwheat Hull Filling:

Buckwheat hulls are the husks that protect the buckwheat kernel from the various elements of nature. The buckwheat hull is organically grown in the United States, using no fertilizers or pesticides.

This natural filling has many advantages over conventional fiberfill, foam, or feather fillings. The most important quality for the relief of pain is that the material conforms to the exact contours of the body providing a compliant passive support. This means that you have the same amount of support in all areas minimizing the stress on all areas of support. Other filling materials which compress, try to recover their original shape, and this puts stress on the muscles. Other advantages of the buckwheat hull filling are the "cool in the summer, warm in the winter" insulating properties, and the filling also lasts for many years. Long after other fillings have collapsed and worn out, a buckwheat hull filling will still be fully functional. Buckwheat hull is also environmentally friendly.

Weight: 5 pounds per package

Volume: Approx. 2 cubic feet (enough to fill one zafu or one head pillow)

***Usually Ships Next Business Day!***

**100% Organic Buckwheat Hull Filling (5 lbs.): \$24.95**

We also offer [buckwheat hull filled meditation cushions](#) and a [buckwheat hull filled head pillow](#).



## CleanScrape Home Entry Door Mats

These home door mats have an innovative MicroBead ChromaGrit™ scraping surface that cleans shoes while hiding dirt in recessed channels. The anti-slip surface repels water for great traction in all weather conditions and never fades. These decorative door mats are easy to maintain: dirt, pet hair and lint won't damage the surface - simply hose off to clean.

Excellent quality and helps the environment. Our 100% recycled rubber mats are made from tire scraps. When you purchase this item, you are helping to keep America clean by keeping these tires out of landfills!



**Welcome Iron**  
Color: Coffee



**New Orleans**  
Color: Coffee



**Flagstone**  
Color: Graphite



**Fern**  
Color: Kiwi



**Vine Tapestry**  
Color: Olive



**Iron Scroll**  
Color: Graphite



**Welcome Iron**  
Color: Graphite



**Celtic Lattice\***  
Color: Graphite

***Please see next page for more information and pricing...***

*Continued from previous page...*

\* Note: Only the Celtic Lattice mat pattern has holes that go all the way through the mat. If water drainage is a significant issue, this mat may provide improved performance.

Thickness: 5/8"

Available in two possible sizes depending on style:

Size: 18" x 30" - Weight: 8.2 lbs. - **\$18.99**

Size: 22" x 34" - Weight: 11.4 lbs. - **\$24.99**

## 3D Impressions Home Door Mats



The 3D impressions designer door mats have a plush carpet surface which scrapes shoes and absorbs water, keeping moisture in the mat and off your floors. The carpet top is UV fade resistant and the base is made of heavy duty molded rubber - built to last. These are not only decorative door mats but also functional - the best of both worlds!



Excellent quality and helps the environment. Our 100% recycled rubber mats are made from tire scraps. When you purchase this item, you are helping to keep America clean by keeping these tires out of landfills!



**Tiles**  
Color: Sisal



**Ivy Patch**  
Color: Sage



**Leaves & Berries**  
Colors: Sisal/Reds or Sage



**All Over Leaves**  
Color: Green

***Please see next page for more information and pricing...***

*Continued from previous page...*



**Cobblestone Half Round**  
Color: Coir



**Ivy Patch**  
Color: Sisal

Thickness: 5/8"

Available in two possible sizes depending on style:

Size: 18" x 30" - Weight: 6.0 lbs. - **\$17.99**

Size: 22" x 34" - Weight: 8.2 lbs. - **\$22.99**

## Masterpiece Front Door Mats

These front door mats have a high-definition, decorative surface that is produced with durable, UV stabilized inks injected directly into the top rubber surface, making it fade and slip resistant. The entire mat is made of recycled rubber, which provides durability and helps to reduce movement of the mat. These decorative door mats are easy to maintain: dirt, pet hair and lint won't damage the surface - simply hose off to clean.

Excellent quality and helps the environment. Our 100% recycled rubber door mats are made from tire scraps. When you purchase this item, you are helping to keep America clean by keeping these tires out of landfills!



[Botanical Flowers](#)



[Topiary Mosaic](#)



[Welcome Sign](#)

Size: 18" x 30"  
Weight: 7.2 lbs.  
Thickness: 5/8"

Price: \$18.99

## Elite Home Entry Door Mat

This doormat uses a unique carpet scraping surface that effectively cleans shoes and absorbs water, keeping moisture in the mat and off indoor floors. Unique designs on top of a heavy duty molded rubber mat backing are built to last.

Excellent quality and helps the environment. Our 100% recycled rubber mats are made from tire scraps. When you purchase this item, you are helping to keep America clean by keeping these tires out of landfills!



**Iron Scroll**  
Color: Avocado



**Modern Leaves**  
Color: Hunter Green



**Parquet**  
Colors: Avocado or Smoke

Thickness: 5/8"

Available in three sizes based on style:

Size: 18" x 30" - Weight: 5.8 lbs. - **\$16.99**

Size: 20" x 30" - Weight: 6.0 lbs. - **\$19.99**

Size: 24" x 36" - Weight: 8.4 lbs. - **\$24.99**



## Mission Door Mats

These outdoor door mats are made from 100% durable recycled rubber construction. Great for outside entrances, the Mission mats are extra rugged and hard working. Its molded designs act as scrapers to remove heavy dirt and soil from shoes and provide an excellent anti-slip surface. Its extra heavy base keeps the Mission mat in place. The Mission doormats are easy to clean - just shake or hose off!

Excellent quality and helps the environment. Our 100% recycled rubber mats are made from tire scraps. When you purchase this item, you are helping to keep America clean by keeping these tires out of landfills!



Fern



Maze



Roses



Parquet

Size: 18" x 27"  
Weight: 4.3 lbs.  
Thickness: 5/8"

Price: **\$14.99**

## CleanScrape Outdoor Entrance Mats



**Extra Tough Grit Surface  
Provides Superior Scraping**



[Click to Enlarge](#)

The durable TireTuff™ CleanScrape mat provides top-of-the-line scraping performance for any outside entrance setting.

- Eco friendly recycled rubber product.
- The most aggressive cleaning mat on the market!
- Innovative grit surface effectively cleans shoes while hiding dirt in recessed channels.
- Repels water and dries quickly.
- Fashionable and elegant design.
- Raised border holds water and debris in the mat and off the floor.
- Extra heavy recycled rubber base keeps mat in place.
- Patented grit surface provides ultimate anti-slip characteristics in all weather conditions.
- Surface grit is UV stabilized (won't fade with sun light exposure)
- Easy to clean - just shake or hose off.

**Recommended Uses:**  
High or low traffic outdoor entrances

**Specifications:**  
Backing: Recycled rubber  
Product Weight: 1.5 lb./s.f.  
Thickness: Approx. 3/8" to 1/4"



Olive Green



Graphite Gray



Midnight Blue



Brick Red



Chestnut Brown

<b>Nominal Size</b>	<b>Actual Size</b>	<b>Price</b>
2' X 3'	23.25" x 36"	\$22.99
3' X 5'	35.25" x 58.75"	\$52.99
4' X 6'	46.75" x 71"	\$82.99
<b>No Custom Sizes Available</b>		

## Mission Door Mat - Recycled Rubber Mat



Great for outside entrances, the TireTuff" Mission is extra rugged and hard working.

- Made of 100% recycled rubber.
- Molded parquet rib design acts as scrapers to remove heavy dirt and soil from shoes and provides an excellent anti-slip surface.
- Durable recycled rubber construction.
- Extra heavy base keeps mat in place.
- Easy to clean. Just hose off.

### Recommended Uses:

High or low traffic outdoor entrances

### Specifications:

Backing: Recycled rubber

Product Weight: 1.5 lb./s.f.

---

<b>Nominal Size</b>	<b>Actual Size</b>	<b>Price</b>
2' X 3'	23.25" x 35.75"	\$18.99
3' X 5'	35.75" x 57"	\$39.99
4' X 6'	44.75" x 67.25"	\$64.99
<b>No Custom Sizes Available</b>		

## Royale Entrance Mat

### Perfect For Heavily Trafficked Indoor Entrances.

The latest in commercial mat technology, the TireTuff® Royale is heavyweight matting designed for busy traffic areas, inside or outside.

The molded, recycled rubber backing provides heft and durability while the crush-resistant carpet surface effectively removes debris and moisture.

- Dual fiber needlepunch carpet dries quickly and resists staining and fading.
- Bi-level surface scrapes debris from passing shoes..
- Attractive double border design traps debris and moisture in the mat and keeps it off the floor.
- Heavyweight recycled rubber backing minimizes movement on carpet and hard floor surfaces.
- Heavy duty recycled rubber backing reinforces carpet to maintain definition.
- Thickness: Approx. 3/8".



#### Specifications:

Fiber Content: Polypropylene Needlepunch

Carpet weight: 20 oz./S.Y.

Square Pattern: 3/4" squares

Secondary Backing: Recycled Rubber Tires - SBR (Styrene Butadiene Rubber)

Product Weight: 1.3 lb./s.f.

#### Recommended Uses:

- High traffic indoor entrances.
- Other high traffic environments such as customer counters.



Onyx



Indigo Blue



Walnut



Red/Black



Pine Green



Slate Gray

**Please see next page for more information and pricing...**

*Continued from previous page...*

<b>Nominal Size</b>	<b>Actual Size</b>	<b>Price</b>
2' X 3'	24" x 36"	\$22.99
3' X 5'	36" x 60"	\$49.99
3' X 10'	36" x 118.25"	\$109.99
3' X 15'	36" x 175.875"	\$159.99
3' X 20'	36" x 233.5"	\$214.99
4' X 6'	47.5" x 72"	\$79.99
4' X 12'	47.5" x 141"	\$169.99
4' X 18'	47.5" x 210"	\$259.99
<p><b>Note:</b>                      2' wide mats are seamed every 3' in length.                      3' wide mats are seamed every 5' in length.                      4'-12' wide mats are seamed every 6' in length.</p> <p><b>Custom Sizes</b>                      2' to 12' wide (in whole foot increments) and up to 60' in length (in whole foot increments).</p>		

## Therapeutic Positioning Body Pillow



The ideal full body pillow for everyone (also a great pregnancy body pillow). Available in two distinct sizes - The Sleeping Bean (5 1/2 ft., 10" diameter) is for adults, while children and teens also love the smaller Teen Bean (4 1/2 ft.).

The extra long cylindrical shape was designed to conform naturally to the human body to allow sleeping in the healthiest possible position - the semi-fetal curl. Soft and huggable, the cylindrical pillow is made from pure cotton and stuffed with premium poly-fiber, white goose feather, natural kapok that molds to support your body. As you sleep, it effortlessly aligns your spine, reduces pain and muscle stress, and encourages healthy sleep positions.

*Recommended by Parenting Magazine - Jan 1997, the Sleeping Bean is a life saver for pregnant women trying to find a comfortable sleep position and can even help in the delivery room for labor positioning. And after delivery, the Sleeping Bean is a great aid to a nursing mother as she holds and feeds her baby.*

*Recommended by doctors, chiropractors and physical therapists whenever proper support can be beneficial for back problems, sleep disorders, post-operative recovery, geriatric care, pregnancy and nursing, and relief of both physical and emotional stress.*

*These special positioning body pillows are particularly useful for home health care, long term care, and for people with disabilities, and have helped thousands of patients find therapeutic comfort during difficult times. For example, it may help to reduce bedsores by distributing patient's weight bearing areas and improving blood circulation.*

**Pillowcases:** Covers are pure cotton, custom fitted, washable with hidden zippers and have a thread count of 220. Available in the following colors: White, Natural (unbleached), Light Blue, Hunter Green, Burgundy, and Granny Stripe (blue ticking stripe). Flannel versions available only on select colors for the Sleeping Bean.

All sizes are available in 4 styles:

- **Feather** - White goose feathers with all cotton shell. Like all feather fillings, this will be the softest but won't hold its shape over time as well as the other fillings below.
- **Veggie** - Natural, unbleached tree seed fiber ([Kapok](#)) with all cotton shell. Will be soft, contour to your body and keep its original shape over time.
- **Hypo-Allergenic** - Environmentally friendly polyfill with all cotton shell. Will be slightly firm, contour to your body and keep its original shape over time.
- **Staph-Check** - Filled with environmentally friendly polyfill. Microvent soft vinyl shell is fluid proof, fire proof, anti-microbial, and easily wiped down with a moist sponge. Will be moderately firm, contour to your body and keep its original shape over time.

***Please see next page for more information and pricing...***

Continued from previous page...



All handcrafted in the U.S.A.

**Usually Ships Next Business Day!**

### **Sleeping Bean (5 1/2 ft.)**

Cover Only: \$22.00

Pillow (Hypo-Allergenic): \$45.00

Pillow (Veggie): \$49.00

Pillow (Feather): \$49.00

Pillow (Staph-Check): 59.00

Pillow & Cover Combo (Hypo-Allergenic): \$59.00

Pillow & Cover Combo (Veggie): \$64.00

Pillow & Cover Combo (Feather): \$64.00

Pillow & Cover Combo (Staph-Check): \$69.00

### **Teen Bean (4 1/2 ft.)**

Cover Only: \$18.00

Pillow (Hypo-Allergenic): \$35.00

Pillow (Veggie): \$39.00

Pillow (Feather): \$39.00

Pillow (Staph-Check): 49.00

Pillow & Cover Combo (Hypo-Allergenic): \$45.00

Pillow & Cover Combo (Veggie): \$49.00

Pillow & Cover Combo (Feather): \$49.00

Pillow & Cover Combo (Staph-Check): \$59.00



## Body Pillows



This Teen Bean (4 1/2 ft.) body pillow is ideal for children and teens. The extra long cylindrical shape was designed to conform naturally to the human body to allow sleeping in the healthiest possible position - the semi-fetal curl. Soft and huggable, the cylindrical pillow is made from pure cotton and stuffed with premium poly-fiber, white goose feather, natural kapok that molds to support your body. As you sleep, it effortlessly aligns your spine, reduces pain and muscle stress, and encourages healthy sleep positions. Allhandcrafted in the U.S.A.

**Pillowcases:** Covers are pure cotton, custom fitted, washable with hidden zippers and have a thread count 220. Available in the following colors: White, Natural (unbleached), Light Blue, Hunter Green, Rose, Burgundy, and Granny Stripe (blue ticking stripe).

Teen Bean is available in 3 styles:

- **Veggie** - Natural, unbleached tree seed fiber (Kapok) with all cotton shell. Will be soft, contour to your body and keep its original shape over time.
- **Hypo-Allergenic** - Environmentally friendly polyfill with all cotton shell. Will be slightly firm, contour to your body and keep its original shape over time.
- **Staph-Check** - Filled with environmentally friendly polyfill. Microvent soft vinyl shell is fluid proof, fire proof, anti-microbial, and easily wiped down with a moist sponge. Will be moderately firm, contour to your body and keep its original shape over time.

### FABRIC AND COLOR SELECTION



**Usually Ships Next Business Day!**

Pillow (Hypo-Allergenic): \$35.00  
Pillow (Veggie): \$39.00  
Pillow (Staph-Check): \$49.00  
Cover Only: \$18.00

Pillow & Cover Combo (Hypo-Allergenic): \$45.00  
Pillow & Cover Combo (Veggie): \$49.00  
Pillow & Cover Combo (Staph-Check): \$59.00

## Reading Bed Pillow



Sitting up in bed begins with the battle to arrange pillows just right. You'll never struggle again with our Reading In Bed Pillow. A natural cotton shell surrounds the filling in two perfect-sized sections for plush back support without multiple pillows. Our pillow offers two levels of lumbar support – firm on one side and gentle on the other. Whether you're reading, watching TV or doing homework, this pillow provides the perfect way to sit comfortably in bed.

Size: 26"x9"x26"

Handcrafted in the U.S.A.

Styles:

- Recycled poly-fibers with natural, unbleached cotton shell
- Hypo-allergenic poly filling with white cotton shell

Pillow Covers are also available in the following colors:



**Usually Ships Next Business Day!**

---

**Pillow:**   \$34

---

**Cover:**   \$15

---

**Pillow & Cover:**   \$44

## Pregnancy Pillow - Maternity Pillow

Our Pregnancy Pillow (Maternity Pillow) is uniquely designed to support the growing belly and the lower back at the same time. It features an adjustable velcro pad between the two support cushions for your personal comfort and convenient carry handles. 100% natural cotton cover and filled with premium hypo allergenic polyfill. Machine washable and can be dried in dryer. This aids in side lying sleep, the preferred position for pregnant woman.

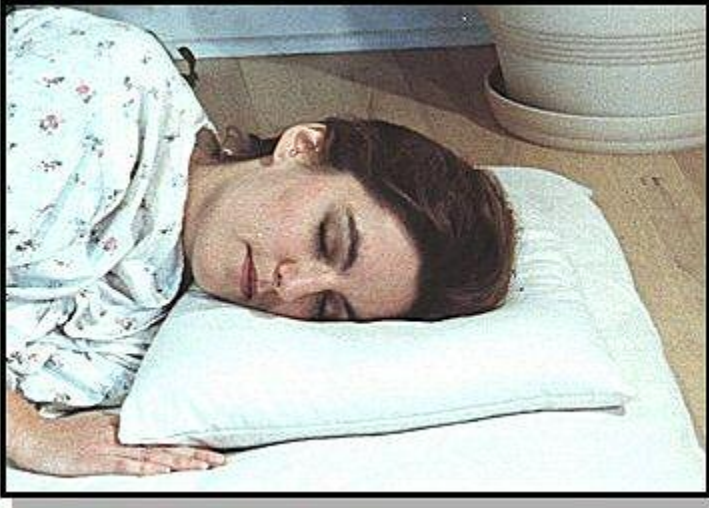


Size: Two cushions (19"x19" each) with a connecting, adjustable velcro pad.  
Available in: Natural (off-white), White and Granny Stripe.

***Usually Ships Next Business Day!***

**Maternity Pillow: \$39.99**

## Wheat Dreamz™ Buckwheat Hull Pillow



The WheatDreamz™ Buckwheat Hull Pillow conforms to your unique head and neck contours, offering the best cervical support (whether sleeping on your side or on your back) that chiropractors recommend.

These thermodynamic pillows don't conduct heat, and so maintain a perfect body temperature all night long. The WheatDreamz pillows aren't like the others: its 4 lbs. of hulls are organically grown in America, non-fumigated and enclosed in a durable, soft unbleached cotton twill shell. This shell features a hidden zippered opening which allows for adjustability and emptying the hulls to launder the shell.

Not too large or too small, its 17" x 21" size is perfect for your head and neck.

Includes a free pillowcase made from pure, unbleached 200-count cotton.

Also available extra [buckwheat hull filling](#).

***Usually Ships Next Business Day!***

**\$39.00**

## Shiatsu Thai Massage Mat

Traditional shiatsu massage mat made with untreated cotton batting. Wide enough for both the practitioner and the patient to stretch out comfortably 54" x 80" x 2.5" of cotton provides a nice thickness for ample cushioning yet light enough to be portable with its roll up ties and attached carrying strap. Perfect for body work and even road trips!



- Unbleached, natural cotton shell.
- Stuffed with approx. 20 pounds of pure, natural, untreated cotton batting (total weight approx. 25 pounds).
- Hand tufted.
- Convenient shoulder strap for easy carrying to class. Attached ties for easy roll up and storage.
- Approximate Size: 54" x 80" x 2.5"

### Cotton Slip Cover:

Also available is a cotton protective slip cover in either natural (unbleached, untreated), navy blue, or purple . Due to sweat, dirt and skin oils, this easily washable cover will protect your mat and keep it clean. The weight of the cover is approx. 5 pounds.

**Shiatsu Mat Only (Natural): \$124.95**

**Shiatsu Mat Slip Cover Only: \$59.95**

**Shiatsu Mat & Slip Cover Combo \$169.95**

## Eco Friendly Pet Bed



Your dog will love this soft and comfortable bed for dozing and lounging.

- Generous in size for sprawling comfort
- Made of soft, warm, plush Eco-Fleece
- Filled with 100% premium recycled hypo-allergenic poly fiber.
- The Eco-Fleece and fiber are made from recycled soda bottles which would normally be clogging up landfills.
- Durable indoor/outdoor Eco-Fleece shell can be zipped off for machine washing. Recycled poly fiber insert can be machine washed as well.
- Our clever dog bed has one side navy blue and the other loden green.
- Available in two sizes  
Large (36x50") - \$74.95  
Medium (30x40") - \$49.95



Close-up view of Eco-Fleece Shell

***Usually Ships Next Business Day!***

## Landing Pad



Lounge around in our HUGE recycled fleece Landing Pad, a 5 ft. circle of cushy comfort for reading, sleeping or relaxing.

Made with soft EcoFleece outside (from 87% recycled soda bottles) and stuffed with 100% fully recycled polyester fiberfill, also made from soda bottles. The Landing Pad saves 170 soda bottles from clogging up our landfills.

The Landing Pad is 60" dia. X 10" high. The fleece shell and the inside pillow are both commercial machine washable and hypo-allergenic.

Also available are [two smaller types of bean bag chairs](#) for kids and toddlers.

Available in the following colors: Mulberry or Ink Blue

Made in USA!

***Usually Ships Next Business Day!***

**Price: \$149.00**